

**NIRAMAY CLINICS**

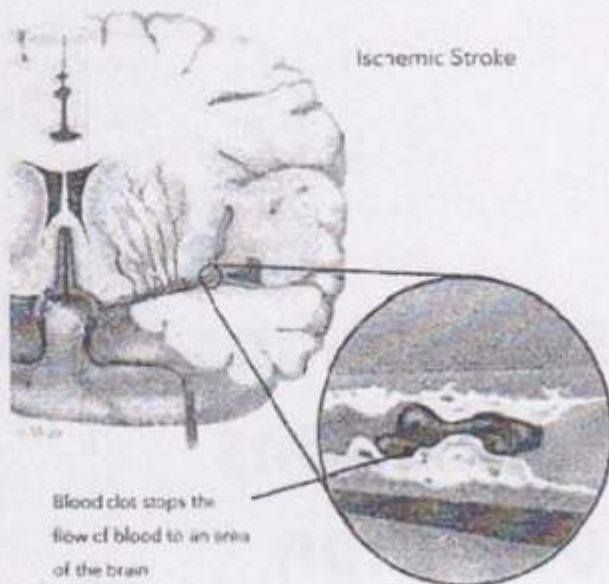


# Useful Information on What is Stroke?

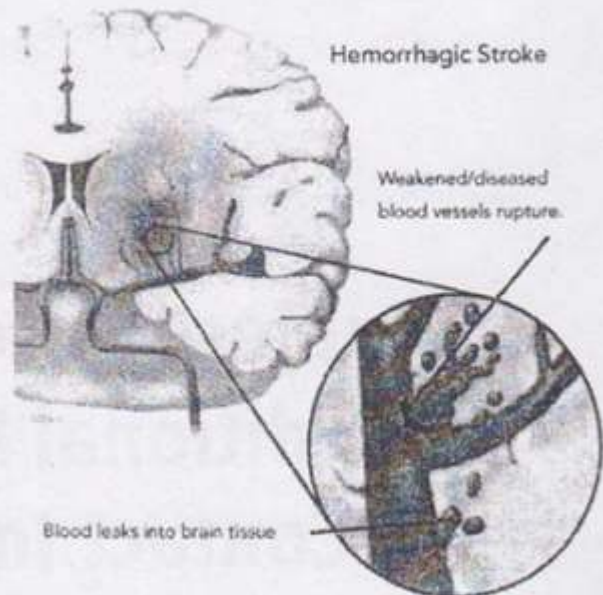
**Subject Notes/Questions**  
**Additional Medications**  
**Contact Information**

## What Is Stroke?

A stroke can be thought of as a “brain attack”. It occurs when the blood supply to the brain is suddenly interrupted. Brain cells die when they do not receive blood carrying oxygen. There are two types of stroke: *ischemic* – blockage of a blood vessel supplying the brain and *hemorrhagic* – bleeding into or around the brain.

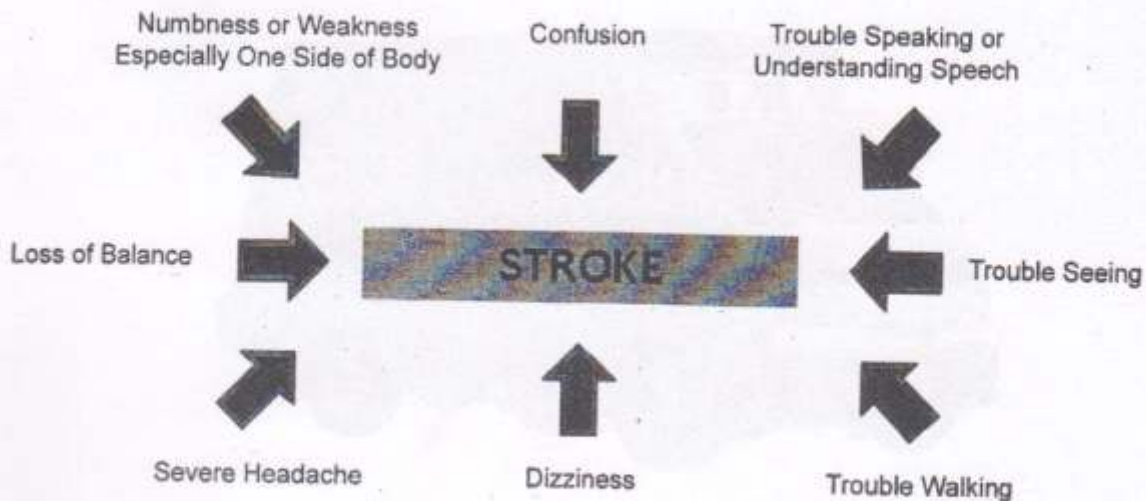


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## *What Are Symptoms Of A Stroke?*



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## *What Are The Consequences Of A Stroke?*

A stroke can cause lasting brain damage, disability, paralysis and even death.

## *Is There Any Treatment?*

Strokes are difficult to treat so the best strategy is to prevent a stroke from happening. If an ischemic stroke occurs, doctors can give clot-busting medications to try and break up the stroke if patients are **evaluated very quickly** from the onset of their symptoms. If a bleeding stroke occurs, doctors can try to stop the bleeding.

## *What Is Transient Ischemic Attack (TIA) And How Is It Different From A Stroke?*

A TIA can be thought of as a "mini-stroke". Patients may have the same symptoms of a stroke but the symptoms usually go away within 24 hours. You should not ignore these symptoms and see a physician promptly. Many patients who have a mini-stroke may go on to have a larger stroke in the future.

***What Should I Do If I Have Symptoms Of A Stroke?***  
Call for emergency help immediately!



*Images created from Microsoft Clip art*

***How Can I Prevent A Stroke?***

**Eat Healthy**



**Exercise**



**Quit Smoking**



**Control High Blood Pressure**